

4/29/15 CAMTC lunch meeting at Little John's Deli

Note: These notes were compiled *months* after the meeting, so I hope I can remember correctly most of what was shared! That being said – even “old” news is sometimes helpful, so read on!

Present: [Alexa Matthews](#) CMT, [Karen Binney](#) CMT, [JeAnne Frey](#) CMT, [Ernie Kidd](#) CMT, [Lucia Kaestner](#) CMT, [Brian Keena](#) CMT, [Dee Walsh](#) CMT

We started with a discussion about chair massage opportunities, and some in the group wondered if they thought chair massage ever did result in paying table-clients.

Ernie noted that the MS bike ride is not paying for massage therapist anymore.

AMTA continuing education classes will be held the weekend of May 2nd and 3rd, and Dee and Ernie will be going to the introduction to oncology class offered by [Lauren Cates](#). Also, [Tracy Moon](#)'s ethics class will be held on May 15th at [Common Ground](#).

ABMP is promoting a national "Every Body Deserves Massage" week from 7/12 to 7/18/2015. No one in the group is doing anything this year, that we know of, but there was some discussion about next year – it might be fun to have some kind of large massage gathering, such as a "massage-a-thon", in which a lot of therapist could gather in one place, do chair massage, and promote the profession in general. Something to think about for the future.

Jay DeMiao, a colleague who is battling cancer, has appreciated the donations collected through fundraisers, and the group agreed that further donations would be most useful and very welcome. For more information, or to donate, visit: <http://openhands.avenue.org/jay.html>.

Ernie has a client who would very much benefit from a clinician who is expert with Applied Kinesiology, and he wonders if anyone has a referral. Karen Binney might know someone, she and Ernie can connect on that.

JeAnne would like input on what questions to ask police officers about what the rights and responsibilities of massage therapist are in the local area. Therapists in the Richmond area have been having ongoing conversations with community – service police efforts, and JeAnne would be willing to head up that initiative here if folks are interested.

Information regarding providing massage to clients of the Federal Executive Institute has been passed on by JeAnne to the administration at FEI.

Dee highly recommends “Smoked BBQ” by Justin van der Linde for any large get-togethers, massage-related or not. He's actually a massage therapist himself! <https://www.facebook.com/pages/Smoked-BBQ-Co/610312712312551> for more info.

Ernie recommends classes by [Janet Evergreen/RiverBluff Sanctuary](#) – description from her website: “Janet Evergreen, MA, teaches Craniosacral Therapy, Stress and Trauma release through the Polyvagus system and Zapchen Somatics. She has a MA in Conflict Transformation and Trauma Healing, BA in Holistic counseling, and advanced training in Mediation, Craniosacral Therapy and Visceral Manipulation. Janet combines Pre and Perinatal education for relationship attunement and attachment

repair for infants, children and adults to access and support creative potential. Spirituality, including Buddhist Dharma informs her teaching and bodywork with clarity and compassion.”

Dee suggested also that Ernie connect with [Guido Fratini/Discover Tuscany](#) (Italy and U.S.) and [Saul Yeaton/Fortuna Cycling](#) (local, former head of area cycling club) to explore the possibility of marketing massage services to cyclists on area tours.

Next meeting time and place TBD!