

Synopsis of CAMTC meeting held 2/28/14

A group of therapists and guests met for breakfast at the Cavalier Diner on the morning of 2/28/14, with folks dropping in and leaving as their schedules allowed. At the table – at some point during the morning – were: [Brian Dickert, DC](#) (guest of Lili Gill), JeAnne Frey, Lili Gill, Lucia Kaestner, Ernie Kidd, Alexa Matthews, Betty Mooney, Franciska Pocanic, Dee Walsh, and Jackie Wilber.

Kudos to those who are thinking about starting a PVCC massage program! Alexa started at [PMTI](#) in Washington D.C., and switched to [Anne Arundel Community College massage therapy program](#), where she completed an 18-month program course of studies and was issued a certificate in 2008. JeAnne had her training at PMTI, and recently visited AACC to speak with their Therapeutic Massage Program director about massage therapy classes in a community college setting. Printed materials re AACC were shared with Lili for future reference. JeAnne also took the course “e-Marketing 101” with Eric Brown/Bodywork Biz.

Does anyone have any contacts at PVCC? Please get back with Lili Gill if you do! Lucia recalled that Lyn van der Sommen, Program Manager for Workforce Services, had a interest in getting a CAM program started, but Lucia doesn't know what the current status is, or if Lyn is still at PVCC. Her number listed in the 2012 PVCC catalog is 434.961.5284, and Lucia also shared another number: 434.825.4526.

Lili announced that Dominique Clothiaux-Sarff is offering a Fundamentals of CranioSacral Therapy workshop coming up in April (24-27). For more info, go to Dominique's website at <http://www.resonance-bodywork.com/>

Lili is also offering a workshop on 4-Element Hot Stone Massage, next session April 5 & 6 – see <http://www.liligill.massagetherapy.com/continuing-education-> for more info. Lili's current Mentoring Program is full, and she will continue to repeat the program as needed. The program includes review of business principles and four hands-on classes.

Ernie announced that a “Meditation and Mindfulness for Massage Therapists” seminar offered by Tracey J. Moon, LMBT will cover the required ethics CEUs, and recommended it highly. Offered in Richmond, Roanoke and NC over the next few months. For more information, see: <http://www.traceyjmoon.com/continuing-education-for-massage-therapists/>

AMTA and AMBP also offer on-line ethics courses.

A quick poll was done, and about half the folks at the table were insured by AMTA, half with ABMP, and one person was weighing options for independent insurance options. The subject came up about forming an LLC as one sure way to protect your personal assets from professional liability risk. Lucia recommended Roy/Lee Cress, accountants (father and son team) for financial/accounting consulting. Contact info per Google search:
Roy L Cress Inc - 1006 Jefferson St, Charlottesville, VA 22902 - Phone:(434) 295-5189.

Dee also had a good experience years ago with Jim Wilson, Esq. Jim helped her set up an LLC, and then hands it over to the owner; all that is required after the initial set-up is to file the registration yearly.

Last known contact info: James M. Wilson - JWilson@wilsonlawgroup.NET - Wilson Law Group, PLC - 5000 Monument Avenue, Richmond, VA 23230 - 804.864.5268 (phone) - 804.433.4236 (fax)

Ernie is interested in expanding his Arlington Road office-network, and is trying to convince his landlord to fill nearby offices with massage therapists and like-minded health care professionals. If you're thinking about office space in a central location, contact him! Visiting www.championstablemassage.com is a good way to get in touch.

Jackie Wilber is taking a certificate program at PVCC / Workforce Services Program in Ayurvedic Counseling with Derek Powell (sp?). For more info on this and other health/wellness related offerings at PVCC, check out: <http://digital.pvcc.edu/i/144607/34>

Betty Mooney let us know that Tibetan physicians will be visiting UVA, and will be teaching and donating medical scrolls to the Special Collections library. This will be in conjunction with the [UVA Contemplative Sciences Center](#), and a [conference is going on right now on Buddhist Meditation](#). Some will actually be moving here in the future, and plan to open their own Tibetan-medicine clinic. According to the Tibetan Studies website, the last full Tibetan Medicine and Meditation Symposium was held in 2012 with over 400 participants.

[JeAnne Frey](#) has taken a website design/content course, and redesigned her website, moving her up in the search rankings. She welcomes any questions you might have about this process.

[Ernie Kidd](#) would welcome the company of more massage colleagues at the Cville 10-Miler Race on Saturday 3/29, from about 8 – 11. There will be a nominal stipend offered, and the chance to meet your fellow therapists in a fun setting is “priceless”. Please contact him ASAP if you are interested.

That's about it for now!

Betty Mooney offered to organize the date/time/place for our next meeting – hope to see you all there!