

CAMTC Meeting Notes, 7/30/14 at JoAnn Christy's home.

Present: Karen Binney, Dolores Brandolo, JoAnn Christy, Michael Coles, Sarah Handley, Jennifer Lewis, Pat (aka Trish) Meyer-Peterson, Betty Mooney, Dee Walsh

It was a nice, casual evening with lots of good food.... Below are some of the ideas and info that we shared:

A number of folks thought it would be useful to know about each other's practices, especially for referral purposes. [Jennifer Lewis](#) does general massage, prenatal massage and reflexology, while [Betty Mooney](#) focuses on elders, making both outcalls to home and retirement communities, and seeing folks in her home office. [Michael Coles](#) primarily does Sports Massage in his Carlton Road office, and also is interested in CrossFit training. [Karen Binney](#) practices primarily Lymph Drainage techniques for seniors in her Angus Road office, and [Dolores Brandolo](#) has just moved into a brand new office on Berkmar, where she practices general therapeutic massage and hot stone massage. [Sarah Handley](#) has a practice in the Glass Building on 2nd Street which is centered on both general therapeutic Massage and Thai massage/stretching, and is also very involved with the Common Grounds outreach program. [Dee Walsh](#) is going to be taking a break from her practice until early 2015, and welcomes information from therapists in the area who might help pick up her clients, most of whom are being treated for pain/mobility issues. [Trish Meyer-Peterson](#) (the massage marvel formerly known as "Pat") is returning from her sabbatical, and does Zero Balancing, Shiatsu, and workshops in Sensory Awareness, in addition to polyvagal work and massage. She's been volunteering with Hospice of the Piedmont, and would welcome other massage therapists to join her. And our hostess, [JoAnn Christy](#), has an office on Berkmar, and offers the Schatz Technique for Chronic Pain in addition to therapeutic (medical) massage.

Not present at the meeting, but recommended by Dolo Brandolo in response to a question from JoAnn: "[Denise Dodds](#) does visceral manipulation. I have not received that particular type of bodywork from her but I have received massage and craniosacral work from her and I find her to be quite competent. Her cell # [540-223-0425](tel:540-223-0425). Her email is denisemdodds@embarqmail.com."

[Cindy Janechild, RN/FNP](#), also was mentioned as someone who does visceral manipulation – Cindy's office is on Berkmar directly next to Dolo's new office.

[Judith Sullivan](#) also does visceral manipulation, along with Zero Balancing and Craniosacral work. Pat recommends her highly. www.chijude.com Both Judith and Janet Evergreen teach visceral manipulation.

Betty introduced her new interest, the "[Bee Safe](#)" neighborhood program, which fosters community cooperation to produce environments that are safe for threatened pollinating bees. Info also available on Facebook at <https://www.facebook.com/beesafeneighborhoods> .

Trish shared with the group that an exhibition of Buddhist Relics will be coming to town soon – a very special opportunity, indeed. Here’s a little bit from the Facebook Page:

[The Maitreya Loving Kindness Tour](#) is a free public exhibit of ancient and sacred relics from the historical Buddha and many other Buddhist masters from India, Tibet, Korea & China. Over 2.5 million people in over 60 countries have been deeply touched by this exhibit, which will include special times for the blessing of children and pets.

His Holiness the Dalai Lama has graciously offered 8 relics of the historical Buddha to the collection that are over 2,600 years old each. The tour also features relics from over 40 other Buddhist masters from different parts of the world. The purpose of the event is to promote loving kindness and world peace!

Dates: October 24-26, 2014 – Charlottesville City Space, East End Mall

Contact: Leena Rose Miller Email: LovingKindnessVA@aol.com

Telephone: 434 305 6815 (They are currently welcoming volunteers)

www.lovingkindnessva.com

One additional note from Dee about expanding referral lists: ALL local CMTs are welcome to post a short practice synopsis on the [CAMTC webpage](#) – there’s no charge, no expectations – it’s just an easy service to provide to help our clients – and US – connect with the right person at the right time! Just contact Dee through the webpage if you want to be added –

Michael and Betty mentioned that there is a proper massage-therapy suite under construction – or in the plans for construction – at Westminster Canterbuy on 250 East. Betty currently sees a number of clients there privately, and Michael works there as a Chef in addition to his massage practice (so he hears a lot of the inside scoop!) JoAnn Christy is interested in keeping up with these developments, and would be interested in possibly providing services there when it gets up and running. JoAnn also was pleased to meet Karen for the first time, as there are not too many folks trained in Lymph Drainage to whom to refer needy clients.....

[JoAnn Christy](#) is looking for someone to sublet her office two days a week and all mornings. The office is on Berkmar at the Village Offices and is a first floor suite with plenty of free parking. More "free" time will be available when she’s out of town or has grandchildren visiting.

Dolo Brandolo also generously offered to host our **next get-together on Thursday evening 9/25 from 6:30-8:30pm**. She says – “if the weather is nice we can sit around a fire outside my home in North Garden” (south of town.) For more info, contact Dolo via 434-607-7400 or dabrandolo@gmail.com .